



2018 Application Form

Complete this fillable application form and return to Patrick Ford (mford@vml.org) by August 24, 2018.
Questions? E-mail Patrick or call (804) 523-8526.

Your name: _____

Title: _____

Locality: _____

Mailing address: _____

Telephone number: _____

E-mail address: _____

To participate in Stairway to Success, simply download this form and save it to your computer. You must complete 8 activities from the checklist. As activities are completed, just put a check mark in the appropriate box. When sending your email, remember to attach the completed form to Patrick Ford, pford@vml.org by Aug. 24, 2018.





Activity Check List

Complete 8 activities

- 1. Support for storytelling programs at preschools, the local library or other sites.
- 2. Offer nature programs aimed specifically at children five years of age and younger.
- 3. Establishing a station for collection of art supplies (or books or age-appropriate sports equipment, etc.) for local preschool programs.
- 4. Display art by preschool students in public buildings.
- 5. Sponsor or support effective parenting programs.
- 6. Local official/employee visits to preschool classes.
- 7. Participate in Read Across America at a local preschool.
- 8. Allow use of local government facilities for preschool activities.
- 9. Participate in a Smart Beginnings Program.
- 10. Promote Virginia Quality to local child care and preschool providers (such as distributing information or linking to VA Quality at www.virginiaquality.com).
- 11. Recognize program for local pre-K educators, providers or volunteers.
- 12. Apply for a grant from the Virginia Mixed-Delivery Preschool Grant Program.
- 13. Participate in a literacy/reading initiative.
- 14. Work with local museum to develop traveling exhibit to preschools on history of area.
- 15. Sponsor workshops/events/activities for families on CPR/First Aid programs.
- 16. Sponsor workshops/events/activities for families on discipline techniques and effective parenting.
- 17. Sponsor workshops/events/activities for families on English as Second Language, including language clubs, social interaction, etc.
- 18. Develop and implement initiatives on childhood nutrition/reducing childhood hunger/childhood obesity (one example is Backpack Snacks).
- 19. Promote child care/preschool provider participation in Child and Adult Care Food Program.

List continues on next page

- 20. Recognize/support participation in nutrition and physical activity education/awareness events, such as Rev Your Bev day of action or Healthy Kids, Healthy Futures.
- 21. Support/co-sponsor involvement in Farm to Preschool (www.farmtopreschool.org).
- 22. Support/co-sponsor involvement in Breastfeeding Friendly Child Care programming (www.sph.unc.edu/cgbi/breastfeeding-friendly-child-care).
- 23. Support/co-sponsor full participation in WIC and other nutrition programs.
- 24. If receiving a Healthy Community Action Team Grant from Virginia Foundation for Healthy Youth, community includes early care and education program in scope of work.
- 25. Adopt personnel policies encouraging volunteering at child care or preschool programs.
- 26. Adopt child care or preschool classes/programs.
- 27. Display/promote information on quality early childhood programs such as information on quality early-childhood programs on local cable channels, Smart Beginnings presentation to council/board and news coverage about early childhood education.
- 28. Support/co-sponsor a children's parade.
- 29. Mentor/encourage local businesses to support early childhood education.
- 30. Mentor/encourage retirees to volunteer for early childhood education programs.
- 31. Host a training/workshop for early childhood education providers.
- 32. Have at least two child care or preschool programs enrolled/participating in Virginia's Quality Rating and Improvement System (<https://www.virginiaquality.com/about>). Attach certificate showing star rated or a Virginia Quality level certificate.
- 33. Have at least one child care or preschool program that has achieved a Level 3 or above in Virginia's Quality Rating and Improvement System.
- 34. Distribute Virginia Quality rack cards at community event or have them displayed in public offices (email qris@vecf.org to get template for printing rack cards).
- 35. Other activities (please list):
